**Mark 1:35-45**

**“The Discipline and the Delight”**

**Discussion Questions**

1. Are you a morning person? What gets you going? Coffee, music, time or nothing?
2. Was struck you as challenging, helpful, or troubling in the message?
3. What helps you get into a routine of Bible reading, prayer and personal worship?
4. Share a story of when you felt God lead you to do something that other people did not think was right or not a very good idea like Jesus leaving a crowd behind in verse 38?
5. When were you in the best physical condition of your life? How are you doing now?
6. When were you in the best “missional” condition of your life? How are you doing now?
7. Gary talked about the journey from desperation to dependence to deliverance and finally to delight. Is there a journey like that in your life? Recently?
8. What cultural barriers do we have to cross to come to delight in Jesus?
9. How can we come to better delight in who God is, not just in what He does for us? What are some practical steps I can take this week to help me do that?