**Mark 7:1-23**

**“Getting Clean”**

**Discussion Questions**

1. Do you have a favorite family tradition at Christmas or another time of year?
2. Why do we like to have traditions? Do you personally like doing the same thing or trying new things?
3. Read the passage: Mark 7:1-23. What are the Pharisees trying to accomplish? How would you have reacted to them? How does Jesus react to them?
4. How can traditions be God-honoring? In what way can they dishonor God?
5. Think about the way we “do church.” Why do we do it this way? Why can church practices easily become a source of disunity?
6. Read Nehemiah 9:1-3. What did the Israelites do? How do you think this strengthened their faith? How would doing this benefit us today?
7. Why is it difficult to confess sins to each other? Do you think that with practice, it becomes easier?
8. Do you have any part of your life that you need healing? Talk to God about it. Then, talk about it with a family member or a trusted friend. With confession comes forgiveness and healing.